

INSTRUCTOR RECORD

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| Instructor Name | Dr. İbrahim Hakan GÖVER |
| Email | hakan.gover@agu.edu.tr |
| Office | Factory Building FOA 09 |
| Office Hours | Every Monday, 10:30am-12:00pm |

COURSE RECORD

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| Code | UC101 |
| Name | Addiction in Modern Society |
| Hour per week | 2 (Theory 2 + Practice 0) |
| Credit | 2 |
| ECTS | 2 |
| Level/Year | Undergraduate/- |
| Type | Elective |
| Location | Lab Building 214 |
| Meeting Day/Time | Monday – 17:00 p.m. – 19:00 p.m. |
| Prerequisites | - |
| Special Conditions | - |
| Webpage | For this course, CANVAS LMS will be used. The course syllabus, course materials including lecture notes, links to related websites, assignments, articles, will be announced and provided through CANVAS. Therefore, students are responsible to check Canvas on a regular basis. Grades will also be available at the same website. |
| Content | This course aims to explore the social, economic, and cultural basis of common addictions (drug, and alcohol) and addictive behaviors in the modern society. Furthermore, it aims to raise awareness about the dynamics of addictions and to understand new kinds of addictions (technology addictions: computer, internet, social media, online gaming, online gambling, online shopping etc.) in modern society. All these addictions and addictive behaviors will be explored from various perspectives including but not limited to globalism and digitalism. |
| Objectives | <ul style="list-style-type: none">• Creating awareness among students about addictions and addictive behaviors in society.• Exploring and understanding the dynamics of addictions in today's modern world.• Increasing awareness about the importance of struggle given against the addictions and addictive behaviors in society. |
| Learning Outcomes | By the end of the course, the student will be able to LO1. Gain basic knowledge and information about common addictions. LO2. Identify new types of addictions in modern society. LO3. Evaluate the mechanisms underlying addictions. LO4. Develop critical thinking on the negative impacts of addictions on society. |
| Teaching Methodology | This is a student-driven course. Therefore, in this course a flipped learning approach will be used. Students will have the responsibility to fulfill all the required pre-activities (for example background readings) for this course. There will be <u>power point presentations</u> , which will lay out the main points of each session. Following the presentation, students will discuss the topic of the sessions. |

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| Recommended Reading List | <p data-bbox="485 255 1410 353">Herrie, M., Godden, T., Shenfeld, J. and Kelly, C. (2010). <i>Addiction: An Information Guide</i>, https://www.camh.ca/-/media/health-info-files/guides-and-publications/addiction-guide-en.pdf</p> <p data-bbox="485 394 1410 528">Nakken, Craig (1996). <i>The Addictive personality: Understanding the addictive process and compulsive behavior</i>, Hazelden, http://dickyricky.com/books/recovery/The%20Addictive%20Personality%20-%20Craig%20Nakken.pdf</p> <p data-bbox="485 568 1410 703">Connerly, T.R., Holmes, K. and Tamang, A.L. (2021). <i>Introduction to Sociology 3e</i>. Openstax, Rice University, USA. https://assets.openstax.org/oscms-prodcms/media/documents/IntroductiontoSociology3e-WEB_TZsroiv.pdf</p> <p data-bbox="485 743 1410 842">Carr, N. (2010). <i>The Shallows: What the Internet is doing to our Brains</i>. Norton Company, London: 2010. https://psihologija.ff.uns.ac.rs/akves/Shallows.pdf</p> <p data-bbox="485 882 1410 981">Kent, N. (2008). <i>Cyberpsychology: an introduction to human-computer interaction</i>. Cambridge University Press. https://archive.org/details/cyberpsychologyi0000norm</p> <p data-bbox="485 1021 1410 1155">Dezhakam, Hosseyin (2023). <i>Little Book of Addiction Recovery</i>. https://www.chestnut.org/resources/82efed65-ca3b-4948-9900-e8335ab14851/Hosseini%20Dezhakam%20Reflections%20Excerpts%20Final%205-10-2023.pdf</p> <p data-bbox="485 1196 1410 1330">Smthy, S. J., Curran, K. and Mc Kervey, N. (2018). <i>Internet Addiction: A modern societal problem</i>, in Psychological, Social, and Cultural Aspects of Internet Addiction (Ed. Bahadır Bozoglan). USA: IGI Global. https://kevincurran.org/papers/Internet%20Addiction%20Paper.pdf</p> <p data-bbox="485 1370 1410 1424">Alexander, B. (2010). The Globalization of Addiction. <i>Addiction Research</i> 8(6), 501-526.</p> <p data-bbox="485 1464 1410 1518">Alexander, B. (2010). <i>The Globalization of Addiction. A Study in Poverty of The Spirit</i>. Oxford University Press.</p> <p data-bbox="485 1559 1410 1693">Metin-Orta, İ. (2020). Fear of missing out, internet addiction and their relationship to psychological symptoms. <i>Addicta: The Turkish Journal on Addictions</i>, 7(1), 67-73. https://www.addicta.com.tr/Content/files/sayilar/22/67-73.pdf</p> <p data-bbox="485 1733 1410 1868">Nichols, Marcy (2016). <i>No-Dice Safety Net to recovery, Gambling Addiction Workbook For Men and Women Problem Gamblers</i>. https://www.oregon.gov/oha/HSD/Problem-Gambling/Documents/Updated%20-%20No%20Dice%203rd%20Edition%205%2024%2016%20(002).pdf</p> <p data-bbox="485 1908 1410 2020">Okray, Z., & Direktör, C. (2021). Diagnosis and treatment of gambling addiction. <i>Addicta: The Turkish Journal on Addictions</i>, 8(3), 194-200. https://www.addicta.com.tr/Content/files/sayilar/31/ADDCT_December_2021%20(1)-45-51.pdf</p> |
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Fisher, J. and Caldwell, J. (2016). *Technology Addiction: Concern, Controversy, And Finding Balance*, Common Sense Media. https://www.common sense media.org/sites/default/files/research/report/csm_2016_technology_addiction_research_brief_0.pdf

Alcott, H., Gentzkow, M. and Song, L. (2022). *Digital Addiction*. <https://web.stanford.edu/~gentzkow/research/DigitalAddiction.pdf>

Savci M, Aysan F. (2017). Technological addictions and social connectedness: predictor effect of internet addiction, social media addiction, digital game addiction and smartphone addiction on social connectedness. *Düşünen Adam The Journal of Psychiatry and Neurological Sciences*, 30:202-216. https://arsiv.dusunenadamdergisi.org/ing/DergiPdf/DUSUNEN_ADAM_DERGISI_43e6742f9eee4938a1cd926cb527588d.pdf

Burlacu, S., Negescu, M., Patarlageanu, S. R. and Vasilescu, R.A. (2021). *Digital globalization and its impact on economic and social life, Globalization and its Socio-Economic Consequences* https://www.shs-conferences.org/articles/shsconf/pdf/2021/40/shsconf_glob2021_06003.pdf

Recommended Websites <https://www.yesilay.org.tr/en/>
<https://nida.nih.gov/>
<https://americanaddictioncenters.org/online-resources>
<https://www.dea.gov/>
<https://redcross.eu/projects/youth-and-drugs-project>
<https://www.who.int/teams/mental-health-and-substance-use/alcohol-drugs-and-addictive-behaviours/alcohol>

ASSESSMENT/GRADING

The course grade will be based on total accumulated points derived from learning activities. Points will be awarded as follows.

| Learning Activities | (%) | Grading Scale (%) | | | |
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| Attendance (70%) | 10% | A | 90-100 | C | 70-72 |
| Active Participation | 20% | A- | 87-89 | C- | 64-69 |
| Midterm Exam | 30% | B+ | 83-86 | D+ | 56-63 |
| Final Exam | 40% | B | 80-82 | D | 50-55 |
| | | B- | 77-79 | F | 0-49 |
| | | C+ | 73-76 | NA | Non Attendance |

ETHICAL RULES AND COURSE POLICY

Course Policies

- English should be used at all times to communicate with one another during course hours.
- Please, respect the allotted times provided for breaks.
- Cell phones must be turned off and put away during class. In F2F sessions personal computers are only to be used during in-class activities and only for class assignments. Unless it is part of the

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| | <p>lecture time activity assigned by the instructor, do not use the computer. During the sessions, do not use your computer to surf on the web or write personal emails, etc.</p> <ul style="list-style-type: none"> • Please be prepared, having read, written, watched and studied the assigned lessons, articles, passages, or videos. • Please be ready to provide reflection in class that will be graded; and most importantly work cooperatively with other students. |
| Attendance Policy | <ul style="list-style-type: none"> • Students are expected to attend all classes. Student absences more than 4 weeks (5 or more) will result in a <u>failure (NA)</u> in the course. • This is a student-driven course; therefore, it is your responsibility to attend the class <u>on time</u>. Attending classes, participating discussions, providing feedback, and preparing homework on time will count toward your participation grade. |
| Email Policy | <p>When contacting the instructor, please use the Canvas email feature. Only use hakan.gover@agu.edu.tr if Canvas is not accessible (server down, etc.). Include in the subject line the course code UC101. If this information is missing, your email may not be answered. All announcements or warnings will be sent CANVAS and the official university email address of the students. Therefore, it is your responsibility to check regularly and read your official university email address and the CANVAS for course announcement and assignments.</p> |
| Cheating, Plagiarism & AI | <p>You are responsible for knowing the University policies on cheating, plagiarism, and AI usage. Please note that:</p> <ul style="list-style-type: none"> • Copying someone's work to your work on an exam, homework, or in class assignment will be accepted as cheating. • Cutting and pasting any material from the web or any other electronic source including AI tools will be accepted as plagiarism. • Copying and turning in the same assignment as someone else, from this class or from another class, will be accepted as cheating. Unless explicitly told otherwise, you can discuss and problem- solve on homework together but the final product has to be your own – not just your own handwriting but your own way of explaining and organizing your ideas. • Making superficial changes (minor additions, deletions, word changes, tense changes, etc.) to material obtained from another person, the web, AI tools, a book, magazine, song, etc. and not citing the work, will be accepted as plagiarism. The idea is the intellectual property, not the specific format in which it appears. • If you find material and it is exactly what you are trying to say, or you want to discuss someone's idea, give the person credit and cite it appropriately. Don't overuse citations and quotes: <u>instructors want to know how you think and reason, not how some one else does.</u> • If you have any questions or concerns about this issue, please ask the instructors before you submit the work. |